



State of Georgia's Employee Assistance Program

EAP Consultants, LLC provides State of Georgia employees and their dependent family members with an employee assistance program (EAP) at no cost to you. Your employer pays for this program. Services are confidential, within the bounds of the law. They include:

Counseling

- Face-to-face counseling and referral for a full range of personal, family and work concerns. Up to 4 EAP visits are included.
- 24 hour per day, 7 day per week, toll-free EAP access to mental health professionals.

Work-Life Services

- Child care information and referrals for all types of child care, as well as camps and schools.
- Elder care services to assess elder care needs, locate resources and arrange referrals.
- Adoption resources.
- Legal consultation provided by attorneys. Simple Wills prepared at no cost. A twenty-five percent discount off the attorney's hourly rate for services rendered beyond the EAP.
- Financial consultation regarding debt matters, investment options, money management, and retirement planning.
- Academic resources including customized profiles of kindergarten through graduate school. College planning guidebooks are available. Referrals to tutors are available.
- Pet care services that offer referrals to breeders, groomers, walkers, sitters, kennels, vets, and pet publications.
- Life Event services provide resources needed during a major life change.
- Special needs services and referrals to assess employee needs, educate, and make referrals for various special needs issues affecting employees and their families.
- Concierge Services include research and referrals.

On-Line Services

- To access the on-line services, please go to www.eapconsultants.com and click on *Sign In*, then enter the password: **SOG2015**
- The website is a resource available to help you and your family to build resilience and get answers to some of life's toughest questions. You may even confidentially request no-cost EAP services from the site. The website offers assessments, videos, quizzes, courses, articles, calculators, and much more.
- Topics covered include:
 - Emotional Wellbeing
 - Relationships/Parenting
 - Health and Wellness
 - Financial education
 - Legal matters
 - Personal/Professional Growth
- Monthly, live webinars
- iEAPC app provides 24/7 access to resources including requesting services. Download the free app from the App Store or Google Play Store. Your code is **SOG2015**.